

THE JOURNAL TIMES
Best
 OF RACINE COUNTY
 2009



Sports & Fitness

★ Best Health Club ★
 Cardinal Fitness

SECOND PLACE

Razor Sharp Fitness
7300 Washington Ave.

THIRD PLACE

Racine Athletic Club
1320 Warwick Way

Cardinal Fitness' popularity is as much a reflection of what it offers as what it doesn't. In about 400 square feet, the gym at

5513 Durand Ave. has approximately 115 pieces of equipment as well as tanning, child care with a supervised kids room and personal training.

All this comes with membership fee programs of \$12 and \$19.95 per month and no long-term contracts.

"It's a month-to-month membership," center manager and part-owner Erich Brown said. "No one gets locked into a six-month or one- or two-year contract.

They're a member here as long as they choose."

The center has a cardiovascular section, circuit strength and toning machines and a free weight area.

"We've got members from every different aspect and type," Brown said.

"We've got young, old, male, female, people who have been working out their entire life and people just starting."

— Alan Nunn